

I Dreamt of Sausage (Hardback)



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Reviews

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(Quinton Balistreri)

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Balboa Press, United States, 2011. Hardback. Book Condition: New. 231 x 160 mm. Language: English . Brand New Book ***** Print on Demand *****.Corinna Borden writes of her tumultuous path toward recovery from Hodgkin s disease in I Dreamt of Sausage. Though it is considered one of the most curable cancers, her search was an arduous one. Borden was not there to follow orders. From the moment of diagnosis, Borden invites the reader into her head. Along with her experiences with the Western system of health and healing, I Dreamt of Sausage travels with the author from Ann Arbor, Michigan, to Tijuana, Mexico, as she investigates and experiences alternative forms of cancer treatment. Through her personal journal entries and inner-voice discussions, Borden immerses the reader in the emotional and spiritual challenges of cancer treatment with unflinching honesty. I Dreamt of Sausage is divided into three parts: Body, Mind, and Spirit. Body introduces the patient, her diagnosis, and her experiences with chemotherapy. Mind delves further into Borden s frustrations with traditional cancer treatments and her decision to pursue alternative medical care. Spirit illustrates her newfound ability to witness her thoughts in any medical situation and her broader understanding of health. I Dreamt of Sausage offers a unique perspective on illness. Borden illustrates the transformation an individual can take from being overwhelmed by physical suffering to choosing internal peace. As Borden says, The story is about recognizing the voices in your head and choosing which ones to listen to. Survival behavior relates to one s personality characteristics. Corinna s book shares many of these factors and makes them easy to understand because she is a native who has lived the problem and can share her experience. It is real and practical and useful for those confronting cancer and other problems. -Bernie Siegel,...

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