



## Top Tips for Breast-feeding

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By Clare Byam-Cook

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Top Tips for Breast-feeding, Clare Byam-Cook, More and more mothers are choosing to breast-feed their babies. But while some women take to breast-feeding like a duck to water, others find it more difficult and need help to get started. The invaluable advice from Clare Byam-Cook's excellent guide What To Expect When You're Breast-feeding, and What If Your Can't? is now available in a handy and concise book of tips. Top Tips for Breast-feeding offers simple, reassuring advice that will make the experience easier and more enjoyable for both you and your baby. With handy tips on: - How to prepare for breast-feeding - What to expect in the early stages - How to overcome common problems.



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