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## Irritable Hearts: A PTSD Love Story

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By McClelland, Mac

Flatiron Books, 2015. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: That we are as strong as we are frail is the most profound of many truths rising out of Mac McClelland's astonishing Irritable Hearts . In her unforgettable memoir, McClelland begins to unravel her experience with PTSD while falling in love, traversing the globe and trying to understand both how the mind breaks and what it takes to heal in a world where all too often, we are constantly faced with how terribly vulnerable we are. -Roxane Gay, author of An Untamed State and Bad Feminist "Mac McClelland is a ferociously talented journalist- and an exceptionally brave one-whose reporting from disaster areas and war zones have left her with Post-Traumatic Stress Disorder. A work of astonishing emotional intensity, fierce intelligence, and soul-baring honesty, Irritable Hearts chronicles McClelland's searing battle with PTSD, evoking the symptoms of her disorder-the dissociation, the alternating rage and sadness and numbness, the urge toward self-harm and suicide-with immediacy and remarkable candor (most notably about the sexual fantasies and dysfunctions her PTSD causes). At ;once a memoir, a cockeyed romance, a reporter's travelogue, and a clinical case study, Irritable Hearts ;will...



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### Reviews

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