



## My Soul Feels Lean: Poems of Loss and Restoration

By Joyce Rupp

Ave Maria Press. Paperback. Book Condition: New. Paperback. 176 pages. Dimensions: 8.4in. x 5.6in. x 0.7in. Long beloved for her artful prayers, best-selling author Joyce Rupp presents an entirely new collection of 106 meditative poems on a theme she has woven masterfully through all her writing--the pain of loss and the hope of restoration. My Soul Feels Lean is a journey into compassion. Drawing on insights from her Christian faith and a lifelong connection to the Iowa farmland of her birth, Joyce Rupp explores themes of loss and restoration in this luminous collection of poems. Returning to an undercurrent in her work since the publication of *Praying Our Goodbyes*, Rupp offers here sensitive insights on the pain of loss and the hope she finds when she is willing to let go and trust. Rupp's leanness of soul has taught her to observe and celebrate the harsh beauty of life. Loss has encouraged me to find joy and meaning here instead of pining for it elsewhere, she writes, to live more simply and be content with less, to appreciate more fully what I now have. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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