



## Girl in the Woods

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By Matis, Aspen

Book Condition: New. Publisher/Verlag: HarperCollins US | A Memoir | GIRL IN THE WOODS is Aspen Matis's exhilarating true-life adventure of hiking from Mexico to Canada. Not since Alice Sebolds LUCKY and Cheryl Strayed's WILD has a young woman written such a searing, yet hopeful story of survival in the wake of a horrific trauma and finding acceptance, hope, and healing in nature. | Girl in the Woods is Aspen Matis's exhilarating true-life adventure of hiking from Mexico to Canada—a coming-of-age story, a survival story, and a triumphant story of overcoming emotional devastation. On her second night of college, Aspen was raped by a fellow student. Overprotected by her parents who discouraged her from speaking of the attack, Aspen was confused and ashamed. Dealing with a problem that has sadly become all too common on college campuses around the country, she stumbled through her first semester—a challenging time made even harder by the coldness of her college's "conflict mediation" process. Her desperation growing, she made a bold decision: She would seek healing in the freedom of the wild, on the 2,650-mile Pacific Crest Trail leading from Mexico to Canada. In this inspiring memoir, Aspen chronicles her journey, a five-month trek...



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### Reviews

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-- **Cathrine Larkin Sr.**

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