



## Coaching Mini Soccer: A Tried and Tested Program of Essential Skills and Drills for 5 to 10 Year Olds

By Richard Seedhouse

SoccerTutor.com Ltd. Paperback. Book Condition: New. Paperback. 132 pages. Dimensions: 9.1in. x 6.1in. x 0.4in. Coaching Mini Soccer - A Tried and Tested Program of Essential Skills and Drills for 5 to 10 year olds FACT - Eight players in the last three years have been signed by professional clubs through participation in this program! Coaching Mini Soccer (5 - 10 years) book contains a complete and proven full season training program comprising 12 main sessions and over 70 interchangeable drills to coach the skills required to produce academy standard players and teams. FACT - eight players in the last three years have been signed by professional clubs through participation in this program. In its basic form the program can be used by grassroots youth clubs for coaching skills in their soccer academies, community soccer programs, after school programs, or by primary school teachers as a term based program. As the players develop through the program and form Mini-Soccer teams the coach can draw on the programs tactical games to aid formations and small sided games to improve creativity, game awareness and problem solving. Bonus drills are also included as the program matures with the players providing an easy to follow...



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